



South Central Region Resource List

Updated 10.22.21

For Mobile Crisis, dial 2-1-1, press “1” and “1” again to be directly connected

Community Based Behavioral Health

LEGEND | Outpatient Psychiatric Clinics for Children (OPCC) | Extended Day Treatment (EDT) | Care Coordination (CC) | Mobile Crisis (MC) | Modular Approach to Therapy for Children (MATCH) | Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
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Name of Agency	Service Provided	Location	Contact
Bridges Healthcare, Inc.	OPCC/CC MATCH/TF-CBT	949 Bridgeport Avenue Milford, CT 06460	203-878-6365
Bridges Healthcare, Inc.	OPCC/CC MATCH/TF-CBT	98 Elm Street West Haven, CT 06516	203-878-6365
Children’s Center of Hamden	EDT	1400 Whitney Avenue Hamden, CT 06517	203-248-2116
Clifford Beers Guidance Clinic	OPCC/CC/MC MATCH/TF-CBT	93 Edwards Street New Haven, CT 06511	203-772-1270
Clifford Beers Guidance Clinic	OPCC	1575 Boston Post Road Building B, Unit C Guilford, CT 06437	203-772-1270
Cornell Scott Hill Health Corporation	OPCC TF-CBT	400 Columbus Avenue New Haven, CT 06519	203-503-3055
Lower Naugatuck Valley Parent Child Resource Center, Inc.	OPCC MATCH/TF-CBT	30 Elizabeth Street Derby, CT 06418	203-800-7177
Yale Child Study Center	OPCC MATCH/TF-CBT	350 George Street, 2 nd Fl New Haven, CT 06511	844-362-9272
West Haven Mental Health Clinic	OPCC TF-CBT	270 Center Street West Haven, CT 06516	203-974-5900

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Youth Services Bureau (YSB)

Name of Agency	Location	Contact
Ansonia Youth Service Bureau	42 Grove Street Ansonia, CT 06401	203-736-5095
Branford Counseling Center	342 Harbor Street Branford, CT 06405	203-481-4248
Derby Bureau of Youth Services	1 Elizabeth Street Derby, CT 06418	203-736-1450
Town of East Haven Youth Services Bureau	1 Maple Street East Haven, CT 06512	203-415-9394
Guilford Youth and Family Services	36 Graves Avenue Guilford, CT 06437	203-453-8047
Hamden Youth Services Bureau	11 Pine Street Hamden, CT 06514	203-777-2610
Milford Youth and Family Services	150 Gulf Street Milford, CT 06460	203-783-3253
City of New Haven Youth Services Department	165 Church Street New Haven, CT 06510	203-946-7582
North Haven Youth Services	18 Church Street North Haven, CT 06473	203-239-5321
Orange Youth Services	525 Orange Center Road Orange, CT 06577	203-891-4785
Shelton Youth Service Bureau	120 Meadow Street Shelton, CT 06484	203-924-7614
West Haven Youth and Family Services	201 Noble Street West Haven, CT 06516	203-937-3633
Woodbridge Youth Service Bureau	4 Meetinghouse Lane Woodbridge, CT 06525	203-389-3429

School Based Health Centers (SBHC)

Eligible students are those that attend the schools in which the SBHC is located

*Note Expanded School Health Sites provide medical or behavioral health services where SBHC provides both

Name of School	Location	Contact
Ansonia High School	20 Pulaski Highway Ansonia, CT 06401	203-732-7230
Branford High School	185 East Main Street Branford, CT 06405	203-315-6727

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Francis Walsh Intermediate School	185 Damascus Road Branford, CT 06405	203-315-3533
Mary Murphy Elementary School	14 Brushy Plain Road Branford, CT 06405	203-488-4151
Momauguin Elementary School	99 Cosey Beach Road East Haven, CT 06512	203-468-3321
Church Street Elementary	95 Church Street Hamden, CT 06514	203-407-4368
Hamden High School	2040 Dixwell Avenue Hamden, CT 06514	203-248-6107
Augusta Lewis Troup School	259 Edgewood Avenue New Haven, CT 06511	475-220-3076
Barnard Environmental Studies Interdistrict Magnet	170 Derby Avenue New Haven, CT 06511	475-220-3584
Clinton Avenue School	293 Clinton Avenue New Haven, CT 06513	475-220-3318
Fair Haven School	164 Grand Avenue New Haven, CT 06513	475-220-2643
James Hillhouse High School	480 Sherman Parkway New Haven, CT 06511	475-220-7555
King/Robinson Interdistrict Magnet	150 Fournier Street New Haven, CT 06511	475-220-2791
Lincoln-Bassett Community School	130 Bassett Street New Haven, CT 06511	475-220-8516
Mauro-Sheridan Interdistrict Magnet	191 Fountain Street New Haven, CT 06515	475-220-2815
Robert Clemente Leadership Academy	360 Columbus Avenue New Haven, CT 06519	475-220-7617
Truman School	114 Truman Street New Haven, CT 06519	475-220-2122
Wilbur Cross High School	181 Mitchell Drive New Haven CT 06511	475-220-7444

Family Resource Centers (FRC)

Name	Location	Contact
Indian Neck School	12 Melrose Avenue Branford, CT 06405	203-481-5066

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Overbrook Early Learning Center	54 Gerrish Avenue East Haven, CT 6512	203-468-3305
Church Street Elementary	95 Church Street Hamden, CT 06514	203-407-3111
Calf Pen Meadow Middle School	395 Welchs Point Road Milford, CT 06460	203-783-3626
Pumpkin Delight Elementary School	24 Art Street Milford, CT 06460	203 783-3626
Augusta Lewis Troup School	259 Edgewood Avenue New Haven, CT 06511	475-220-3000
Brennan Rogers School of Communications and Media	200 Wilmot Road New Haven, CT 6515	475-220-2221
Fair Haven School	164 Grand Avenue New Haven, CT 06513	475-220-2630
Hill Central School	144 DeWitt Street New Haven, CT 6519	475-220-6195
North Branford Parks and Recreation	1332 Middletown Avenue Northford, CT 06472	203-484-4243
Savin Rock Community School	50 Park Street West Haven, CT 06516	203-931-4739

Regional Behavioral Health Action Organization (RBHAO) overseeing Regional Suicide Advisory Board (RSAB)

Specific RBHAO town information can be found: <https://portal.ct.gov/-/media/DMHAS/Prevention/RBHAOContacts.pdf>

Specific RSAB town information can be found: <https://www.preventsuicidect.org/get-involved/regional-advisory-boards/>

Name	Service Provided	Location	Contact
Alliance for Prevention and Wellness/A Program of BHcare	RBHAO RSAB	127 Washington Ave, 3 rd Fl North Haven, CT 06473	203-736-8566
<i>Alliance for Prevention and Wellness RSAB serving the towns of Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Lyme, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Lyme, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge</i>			
National Suicide Prevention Lifeline		https://suicidepreventionlifeline.org/	1-800-273-8255
Crisis Text Line		https://www.crisistextline.org/text-us/	Text CT to 741741

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Statewide Programs

Name of Agency	Service Provided	Location	Contact
FAVOR, Inc.	Family Advocacy Family Peer Support	185 Silas Deane Highway Wethersfield, CT 06109	860-563-3232
Beacon Health Options	CC/Intensive Care Coordination	500 Enterprise Drive Rocky Hill, CT 06067	877-552-8247

Disclaimer: This may not be an exhaustive list of the services available in your area. For additional services, you may reach out to your local children's behavioral health collaborative listed at www.connectingtocarect.org or contact Infoline 2-1-1 Connecticut at www.211ct.org

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