



Southwest Region Resource List

Updated 10.22.21

For Mobile Crisis, dial 2-1-1, press “1” and “1” again to be directly connected

Community Based Behavioral Health

LEGEND | Outpatient Psychiatric Clinics for Children (OPCC) | Extended Day Treatment (EDT) | Care Coordination (CC) | Mobile Crisis (MC) | Modular Approach to Therapy for Children (MATCH) | Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
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Name of Agency	Service Provided	Location	Contact
Boys and Girls Village	OPCC/EDT TF-CBT	528 Wheeler Farms Road Milford, CT 06461	203-877-0300
Child and Family Guidance Center	OPCC/ CC/MC	180 Fairfield Avenue Bridgeport, CT 06604	203-394-6529
Child Guidance of Mid Fairfield	OPCC/EDT/CC/ MATCH/TF-CBT	100 East Avenue Norwalk, CT 06851	203-299-1315
Child Guidance of Southern CT	OPCC/CC TF-CBT	103 West Broad Street Stamford, CT 06902	203-324-6127
Family Centers	OPCC/TF-CBT	60 Palmer’s Hill Road Stamford, CT 06902	203-324-3167
Family and Children’s Agency	OPCC	9 Mott Avenue Norwalk, CT 06850	203-855-8765
Lifebridge	OPCC	475 Clinton Avenue Bridgeport, CT 06694	203-368-4291

Youth Services Bureau (YSB)

Name of Agency	Location	Contact
Bridgeport Youth Services Bureau	45 Lyon Terrace Bridgeport, CT 06608	203-576-7110
The Depot Youth Center	25 Heights Road Darien, CT 06820	203-655-0812
Fairfield Youth Services	75 Mill Plain Road Fairfield, CT 06824	203-256-3191

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut, Connecting to Care seeks to change the way that the system operates so that all children have the opportunity to thrive.

Family Care Connections



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Greenwich Youth Services-United Way	101 Field Point Road Greenwich, CT 06830	203-622-3371
New Canaan Youth Services	77A Main Street New Canaan, CT 06840	860-594-3080
Norwalk Department of Youth Services	125 East Street Norwalk, CT 0685	203-854-7785
Stamford Youth Service Bureau	888 Washington Blvd, 6 th Fl Stamford, CT 06901	203-977-5674
Stratford Community Services	468 Birdseye Street Stratford, CT 06615	203-385-4095
Trumbull Counseling Center	5892 Main Street Trumbull, CT 06611	203-261-5110
Weston Youth Services	24 School Road Weston, CT 06883	203-222-2585
Westport Social & Youth Services	110 Myrtle Ave, Rm 200 Westport, CT 06880	203-341-1050
Wilton Youth Services	180 School Road Wilton, CT 06891	203-834-6241

School Based Health Centers (SBHC)

Eligible students are those that attend the schools in which the SBHC is located

*Note Expanded School Health Sites provide medical or behavioral health services where SBHC provides both

Name of School	Location	Contact
Bassick High School	1181 Fairfield Avenue Bridgeport, CT 06605	203-275-3081
Blackham Elementary School	425 Thorne Street Bridgeport, CT 06606	203-275-4751
Central High School	1 Lincoln Boulevard Bridgeport, CT 06606	203-275-1502
Columbus School	275 George Street Bridgeport, CT 06604	203-275-1918
Dunbar Elementary School	445 Union Avenue Bridgeport, CT 06607	203-275-3631
Harding High School	379 Bond Street Bridgeport, CT 06610	203-275-2751
High Horizons Magnet School	700 Palisade Avenue Bridgeport, CT 06610	203-305-7971

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Partner Organizations



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Luis Munoz Marin Elementary School



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Luis Munoz Marin Elementary School	479 Helen Street Bridgeport, CT 06610	203-275-4404
Read Elementary School	130 Ezra Street Bridgeport, CT 06606	203-275-4710
Roosevelt Elementary School	680 Park Avenue Bridgeport, CT 06604	203-275-2100
Brien McMahon High School	300 Highland Avenue Norwalk, CT 06854	203-852-9488
Norwalk High School	23 Calvin Murphy Drive Norwalk, CT 06851	203-838-4881
Cloonan Middle School	11 W North Street Stamford, CT 06902	203-977-4544
Dolan Middle School	51 Toms Road Stamford, CT 06906	203-977-4441
Rippowam Middle School	381 High Ridge Road Stamford, CT 06905	203-977-5255
Stamford High School	55 Strawberry Hill Avenue Stamford, CT 06902	203-977-4223
Westhill High School	125 Roxbury Road Stamford, CT 06902	203-977-4477
Wooster Middle School	150 Lincoln Street Stratford, CT 06614	203-385-4275

Family Resource Centers (FRC)

Name	Location	Contact
Cesar A. Batalla Elementary School	606 Howard Avenue Bridgeport, CT 06605	203-579-8526
Dunbar School	445 Union Avenue Bridgeport, CT 06607	203-275-3648
Roosevelt School	680 Park Avenue Bridgeport, CT 06604	203-275-2102
Fox Run Elementary School	228 Fallow Street Norwalk, CT 06850	203-899-2326
Side By Side Charter School	10 Chestnut Street Norwalk, CT 06854	203-857-0306
Roger International School	202 Blachley Road Stamford, CT 06902	203-323-0681
Stratford Academy	719 Birdseye Street Stratford, CT 06615	203-381-6992

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Regional Behavioral Health Action Organization (RBHAO) overseeing Regional Suicide Advisory Board (RSAB)

Specific RBHAO town information can be found: <https://portal.ct.gov/-/media/DMHAS/Prevention/RBHAOContacts.pdf>

Specific RSAB town information can be found: <https://www.preventsuicidect.org/get-involved/regional-advisory-boards/>

Name of Agency	Service Provided	Location	Contact
The Hub: Behavioral Health Action Organization For Southwestern CT, A Program of RYASAP	RBHAO RSAB	2470 Fairfield Avenue, 3 rd Fl Bridgeport, CT 06605	203-450-3328
<i>The Hub: Behavioral Health Action Organization For Southwestern CT RSAB serving the towns of Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton</i>			
National Suicide Prevention Lifeline		https://suicidepreventionlifeline.org/	1-800-273-8255
Crisis Text Line		https://www.crisistextline.org/text-us/	Text CT to 741741

Statewide Programs

Name of Agency	Service Provided	Location	Contact
FAVOR, Inc.	Family Advocacy Family Peer Support	185 Silas Deane Highway Wethersfield, CT 06109	860-563-3232
Beacon Health Options	CC/Intensive Care Coordination	500 Enterprise Drive Rocky Hill, CT 06067	877- 552-8247

Disclaimer: This may not be an exhaustive list of the services available in your area. For additional services, you may reach out to your local children's behavioral health collaborative listed at www.connectingtocarect.org or contact Infoline 2-1-1 Connecticut at www.211ct.org.

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