

Child First

Program Overview

Child First is an intensive in-home therapy to address the learning difficulties and emotional, behavioral and developmental challenges of young children. It helps families build strong, nurturing relationships with their children to minimize the impact of trauma and stress. Child First offers assessment, parent-child treatment; early care and education support, and care coordination and case management.

The [Child First program brochure](#) provides additional information.

Child First is available to:

Pregnant persons or families with children birth to age 5 years.

Children with emotional/behavioral or developmental/learning challenges (such as anger, sadness, risk of being expelled from childcare, or language delays).

Families with multiple challenges or stresses (such as not enough income, feeling alone or hopeless, not able to meet your needs or the needs of your child, fighting in the home, drug use, homelessness, or involvement with the child welfare agency).

Cost:

Families are served without regard to insurance coverage, ability to pay, or legal status. A sliding payment scale may be established within a Child First program. When available, Medicaid or other insurance may be billed by the Child First program.

Length of Service

Service provides weekly 60-90 minute sessions over a 9 to 12-month period.

Program Coverage and Providers

Child First is available across CT. Child First affiliates cover a larger group of surrounding towns. Follow [this link](#) and choose the team closest to your location.