

## Helping Youth and Parents Enter (HYPE) Recovery

### Program Overview

HYPE Recovery provides weekly in-home family-focused treatment for youth up to age 21 to reduce opioid use and commonly associated substance use problems. HYPE Recovery combines three services:

- Multidimensional Family Therapy (MDFT) a family-centered treatment for substance use and co-occurring mental health
- Medication Assisted Treatment (MAT) for opioid use problems, for those youth who need and want it.
- Recovery Monitoring and Support (RMS) provides post-treatment recovery monitoring and re-connection to community services and peer supports.

On-call clinicians are available for crisis intervention 24 hours per day, seven days a week including weekends and holidays during MDFT treatment.

### HYPE Recovery is available to:

Adolescents and young adults up to 21 years old who:

- 1) Are living in the community with or connected to a family (*significant adult who provides the youth with care, basic needs or social and emotional support*); and
- 2) Have a current opioid use disorder with or without other mental health conditions. Youth who are incarcerated can be referred to HYPE Recovery 30 days prior to anticipated community release.

### Length of Service

The average length is up to 12 months: MDFT averages 6 months, and RMS is up to 6 months after MDFT. MAT services may begin at any time, and continue after discharge as appropriate.

### Program Coverage and Providers

HYPE Recovery is available to families in CT by four different agencies. Each team covers a larger group of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
<b>New London, Norwich, Willimantic</b>	United Community and Family Services Contact: 860-705-7383 or 860-822-4766
<b>Hartford, Manchester</b>	Community Health Resources Contact: 860-510-6308 or 860-730-8710
<b>Waterbury, Danbury, Torrington</b>	Connecticut Junior Republic Contact: 203-558-9665
<b>Meriden, New Britain</b>	Wheeler Health Contact: 860-716-1520 or 860-334-7807
<b>Bridgeport, Norwalk</b>	Boys & Girls Village Contact: 203-690-5140 or 203-339-1835
<b>Milford, New Haven</b>	Wheeler Health Contact: 203-464-5867 or 860-334-7807