

Parenting Support Services (PSS)

Program Overview

PSS offers two services for parents to strengthen parent-child relationships and learn positive parenting strategies to address a wide range of problem behaviors. Triple P (Positive Parenting Program®) focuses on behavior management strategies. Circle of Security Parenting® (COSP) focuses on building parents' ability to understand the underlying need their child's behavior is signaling and provides simple tools to improve the quality of the parent-child relationship. Families may receive more than one PSS intervention.

PSS is available to:

Parents, including foster parents, of children 0-18 years of age.

Length of Service

Parenting services are typically provided in weekly 60-90 minute sessions over a 4-month period. If needed, additional time is allowed.

Program Coverage and Providers

PSS services are available to families statewide. Each agency serves families from surrounding towns and cities. Choose the team nearest to your location.

Area	Agency Contact
Bridgeport Norwalk	Boys and Girls Village Contact: Yuvanda Brown, browny@bgvillage.org
New Haven Milford	Family Centered Services of CT Contact: Irene Clementino, iclementino@familyct.org
Middletown	Middlesex Health; Contact: Melissa Kish, melissa.kish@midhosp.org
Norwich	Community Health Resources Contact: Ali Manchester, AManchester@chrhealth.org
Willimantic	United Services; Contact: Aimee Terwilliger, aterwilliger@usmhs.org
Hartford	St. Francis Hospital; Contact: Patricia Berky, pberky@trinityhealth.org
Manchester	Community Health Resources; Contact: Ruby Gainen, rgainen@chrhealth.org
Danbury Waterbury	Community Mental Health Affiliates Contact: Heather Simson, hsimson@cmhacc.org
Torrington	McCall Center for Behavioral Health Contact: Leann Mitchell, leann.mitchell@mccallcenterct.org
New Britain Meriden	Catholic Charities Contact: Jennifer Raines-Pusey, jraines-pusey@ccaoh.org