

SUBSTANCE SCREENING, TREATMENT, AND RECOVERY FOR YOUTH (SSTRY)

Program Overview

SSTRY is a family-focused outpatient (office-based) substance use treatment that uses evidence based practices to help youth develop positive relationships and connect to social activities; set goals and build life skills; access other health services when needed; and move toward decreasing and eliminating use of alcohol and other drugs. This program then helps youth enter recovery for substance use by highlighting follow-through with needed education/GED services, justice compliance, healthcare, and other programs and social activities. The aftercare part of the program is delivered in the family's home or other community setting. Drug tests are completed at the evaluation and randomly throughout treatment. Personalized crisis response plans are completed with every youth.

SSTRY is available to:

Youth and young adults between the ages of 12-24, who have identified substance misuse.

Length of Service

SSTRY typically lasts eight (8) months.

Program Coverage and Providers

SSTRY is available to families statewide through three different agencies. Each team covers a larger group of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
Bridgeport, Norwalk, Waterbury	Child and Family Guidance Center Contact: 203-394-6529 x3557
Hamden, Meriden, Middletown, Norwich	Children's Center of Hamden Contact: 203-988-1835
Hartford, Manchester, Enfield, Willimantic	Community Health Resources Contact: 860-266-8255