

# Child First

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## Program Overview

[Child First](#) is an intensive in-home therapy to address learning problems and emotional, behavioral and developmental challenges of young children. It helps families build strong, nurturing relationships with their children to minimize the impact of trauma and stress. Child First offers comprehensive assessment, parent-child treatment; early care and education support, and care coordination and case management. The [Child First program brochure](#) provides additional information.

## Target Population

- Pregnant persons or families with children birth to age 5 years.
- Children who have behavioral problems or delays in their development or learning (such as anger, sadness, risk of being expelled from childcare, or language delays).
- Families with multiple challenges or stresses (such as not enough income, feeling alone or hopeless, not able to meet your needs or the needs of your child, fighting in the home, drug use, homelessness, or involvement with the child welfare agency).

## Length of Service

Service provides weekly 60-90 minute sessions over a 9 to 12-month period.

## Program Coverage and Providers

Child First is available across CT. [Child First affiliates](#) cover a larger region of surrounding towns. Choose the team closest to your location.

## Referrals

DCF Social Workers will submit a referral form and release of information to the DCF Gatekeeper. Other referral sources will submit a referral form and release of information directly to the provider.

## Program Contact

Stephanie Bozak, [stephanie.bozak@ct.gov](mailto:stephanie.bozak@ct.gov)