Multisystemic Therapy – Problem Sexual Behaviors (MST-PSB)

Program Overview

MST-PSB is an evidenced-based, intensive home-based treatment model for youth, ages 10-17, exhibiting problem sexual behavior and other high-risk behaviors, at home, at school and in the community. Treatment commonly incorporates intensive family therapy, cognitive-behavioral therapy, skills building, school and other community system interventions, and clarification work. The program addresses the multiple systems and factors that affect the youth's behavior and focuses on improving the overall function of the family to maintain youth safely in the community. The program also supports youth returning to the community from incarceration or residential placement.

Target Population

- Youth ages 10 – 17.4 years who have engaged in sexually offending behaviors
- Referral is primarily related to problem sexual behavior, where the offending behavior includes an identifiable victim(s).
- Youth returning to a permanent home (youth residing in a foster care setting requires MST-PSB expert's approval and must be residing with the current foster parents for a minimum of two years or be actively engaged in the legal process of adopting the child, or the youth will be returning to their biological family within the first few months of treatment starting).
- At least one caregiver accepts that to some degree the problem sexual behavior did occur

Length of Service

Average 5-7 months. A minimum of three home visits per week. Services may be extended beyond this period for those cases that have been deemed clinically appropriate for extended service via consultation with the MST-PSB consultant.

Program Coverage and Providers

MST-PSB is available to families through geographically dispersed teams at different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
Region 1 **Bridgeport, Norwalk**	Boys and Girls Village: 203-713-7727 (Hugo F. Cruz, LPC) CruzH@bgvillage.org
Region 2 **Milford, New Haven**	Boys and Girls Village: 203-713-7727(Hugo F. Cruz, LPC) CruzH@bgvillage.org

DCF Contact

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