

Outpatient Psychiatric Clinics for Children (OPCC)

Program Overview

Outpatient psychiatric clinics for children are community-based children’s mental health facilities providing a range of outpatient mental health services for children and youth of any age and their families. A multi-disciplinary team of psychiatrists, psychologists, Master’s level clinicians, and other behavioral health professionals provide diagnostic and treatment services to promote mental health, improve functioning in children, youth and families, and decrease mental illness, emotional disturbance and social dysfunction.

Target Population

Children and adolescents under 18 years of age who experience a psychiatric disorder (and their families) are eligible to receive an array of comprehensive services that address and/or support their physical, emotional, developmental, social and educational needs.

Length of Service

The length of service is determined by the continued clinical needs of the child or youth, as well as progress with the plan of treatment that is reviewed regularly.

Program Coverage and Providers

Geographic Region	Agency Contact
New Britain/ Meriden	Wheeler Clinic – 860-793-3567 Community Mental Health Affiliates – 860-826-1358 Child Guidance Clinic of Central CT – 203-235-5767
Waterbury / Torrington	Charlotte Hungerford – 860-489-3391 Community Mental Health Affiliates – 860-826-1358 Family and Children’s Aid, Inc. – 203-205-2616 Wellmore, Inc – 203-575-0466 x115
Hartford / Manchester	Catholic Charities – 860-527-1124 Community Child Guidance Clinic – 860-643-2101 Community Health Resources – <ul style="list-style-type: none"> • Windsor: 860-731-5522 • Enfield: 860-253-5020 Hartford Hospital – 860-545-7725 Village for Children and Families – 860-236-4511 Wheeler Clinic – 860-793-4426
Norwich / Willimantic / Middletown	Child and Family Agency of SE CT – <ul style="list-style-type: none"> • New London: 860-443-2896 • Essex: 860-767-0147 Community Health Center – 860-347-6971 Community Health Resources – <ul style="list-style-type: none"> • Mansfield: 877-884-3571 • Willimantic: 860-771-4865 United Community & Family Services – 860-823-3002 United Services INC – <ul style="list-style-type: none"> • Willimantic: 860-456-2261 • Dayville: 860-774-2020
New Haven / Milford	Bridges Healthcare INC – 203-878-6365 Clifford Beers Guidance Clinic – 203-772-1270 Cornell Scott Hill Health Corporation – 203-503-3059

	Lower Naugatuck Valley Parent Child Resource Center INC – 203-954-0543 x121 Yale Child Study Center – 203-785-2107 West Have Mental Health Clinic – 203-974-5950
Bridgeport/Norwalk	Boys and Girls Village – 203-877-0300 Child and Family Guidance Center – 203-394-6529 Child Guidance of Mid Fairfield – 203-299-1315 Child Guidance of Southern CT – 203-324-6127

DCF Program Contact:

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