

SAFE Family Recovery

There are three different programs within SAFE-FR, please read the descriptions below to determine which meets the need at this time:

Recovery Engagement Services (RES)

Program Overview: RES uses structured motivational conversations and, if needed, screenings to identify substance use problems, provide brief advice or interventions, help families create Recovery Support Plans, and offer referrals to licensed substance use treatment programs and/or recovery supports. RES is delivered in client homes, DCF offices, or other appropriate community locations where confidentiality can be maintained.

Target Population: Adult caregivers ages 18 and older who: 1) are connected to DCF; 2) have at least one indicator of substance use, and 3) where it is unclear if substance use treatment could be beneficial.

Length of Service: Providers schedule and complete an initial joint RES appointment with the DCF Social Worker within two business days of receiving the referral. RES may stay involved with the family for up to 45 days to ensure connections to care are made.

Multidimensional Family Recovery (MDFR)

Program Overview: Multidimensional Family Recovery (MDFR) is a family-focused service delivered weekly in the family's home. MDFR can help caregivers with things like getting and staying in substance use and mental health treatment, completing a parenting program, and demonstrating that they are able to provide a healthy environment for children. MDFR works with the whole family to support substance use recovery and to increase the child(ren)'s well-being.

Target Population: Adult caregivers ages 18 and older who are connected to DCF and could benefit from help getting to and staying in substance use treatment and other services.

Length of Service: MDFR is a six-month service initially providing twice weekly home visits.

Recovery Monitoring and Support (RMS)

Program Overview: Recovery Monitoring and Support (RMS) offers regular in-person, virtual, or telephone "check-ins" for six months after substance use treatment ends – regardless of whether the full treatment was completed by the client. RMS staff helps clients to set recovery goals or manage urges to use substances, and link clients to community resources and services that can help them maintain or grow their long-term substance use recovery. RMS can keep working with clients when they re-enter treatment.

Target Population: Adult caregivers ages 18 and older who: 1) are connected to DCF; 2) have a history of prior substance use treatment; and 3) could benefit from support to maintain or grow their recovery from substance use.

Length of Service: RMS is a six-month service providing weekly telephone, video or in-person check-ins.

Program Coverage and Providers

SAFE-FR (RES, MDFR and RMS) is available to families statewide through geographically dispersed teams among five different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency & Contact
Bridgeport, Norwalk	Wheeler: 860-793-7263
New Haven, Milford	CommuniCare: 475-239-2479
Middletown, Norwich, Willimantic	Community Health Resources: 860-510-8568
Hartford, Manchester	Wheeler: 860-256-1172
Waterbury, Danbury, Torrington	Advanced Behavioral Health: 860-463-5752
Meriden, New Britain	Wheeler: 860-681-1692

Referrals: DCF Social Workers will submit a referral form and release of information to the DCF Gatekeeper. Other referral sources will submit a referral form and release of information directly to the provider.

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