

## Central Region Resource List

To ensure that children and youth are connected to the care they need, below is a list of community-based supports and services. This list includes mental health evaluation and treatment resources along with related supports and services.

When in crisis, families can contact Mobile Crisis at 2-1-1 and press “1” and “1” again. Urgent Crisis Centers are also available statewide at four locations:

<https://portal.ct.gov/DCF/Behavioral-Health-Partnership/Home/Urgent-Crisis-Centers-for-Children>

The Assisted Intervention Matching (AIM) Tool can be used to help providers and parents identify well-matched services to meet a child's behavioral health needs.

<https://www.connectingtocarect.org/supports-services/aim/>

More information can be found at [connectingtocarect.org](http://connectingtocarect.org) or [Public Act No. 21-116](#)

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### Urgent Crisis Centers (UCC)

Walk-in clinics for families of children who are experiencing a behavioral health crisis but do not require emergency department level of care

Name of Agency	Service Provided	Location	Contact
Child and Family Agency of SE CT	UCC	255 Hempstead Street New London, CT 06320	860-437-4550
The Village for Families & Children	UCC	1680 Albany Avenue Hartford, CT 06105	860-297-0520
Wellmore Behavioral Health	UCC	141 East Main Street Waterbury, CT 06702	203-580-4298
Yale New Haven Hospital	UCC	20 York Street New Haven, CT 06510	203-688-4707

### Community Based Behavioral Health

**LEGEND** | Outpatient Psychiatric Clinics for Children (OPCC) | Extended Day Treatment (EDT) | Care Coordination (CC) | Mobile Crisis (MC) | Modular Approach to Therapy for Children (MATCH) | Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

*For mobile crisis, dial 2-1-1, press “1” and “1” again to be directly connected*

Name of Agency	Service Provided	Location	Contact
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# Family Care Connections

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Bridge Family Center	OPCC	45 West Main Street Avon, CT 06001	860-313-1119
Community Guidance Clinic for Central CT	OPCC MATCH/TF-CBT	384 Pratt Street Meriden, CT 06450	203-235-5767
Community Mental Health Affiliates	OPCC/ MATCH/TF-CBT	233 Main Street New Britain, CT 06051	860-224-8192
Klingberg Family Services	OPCC/EDT	370 Linwood Avenue New Britain, CT 06052	OPCC 860-243-4416 EDT 860-832-5527
Rushford/Hartford HealthCare	CC	883 Paddock Avenue Meriden, CT 06450	860-227-0321
Village for Families & Children	EDT	282 Main St. Ext. Middletown, CT 06457	860-840-1291
Wheeler Clinic	OPCC/EDT/CC/MC MATCH/TF-CBT	91 Northwest Drive Plainville, CT 06062	860-793-3500
Wheeler Clinic	OPCC	225 North Main Street Bristol, CT 06011	860-793-3500

## Youth Services Bureau (YSB)

Name of Agency	Location	Contact
Avon Youth Services	60 West Main Street, Bldg 1 Avon, CT 06001	860-409-4394
Berlin Youth Services	240 Kensington Road Berlin, CT 06037	860-828-7059
Bristol Youth Service Bureau	51 High Street Bristol, CT 06010	860-314-4690
Torrington Youth Service Bureau (Torrington, Harwinton, Burlington, Litchfield, Goshen)	8 Church Street Torrington, CT 06790	860-496-0356
Canton Youth Service Bureau	P.O. Box 168 4 Market Street Collinsville, CT 06022	860-693-5808
Cheshire Youth Services	84 South Main Street Cheshire, CT 06410	203-271-6690
Farmington Youth Services	1 Monteith Drive Farmington, CT 06032	860-675-2390
Meriden Youth Services	165 Miller Street Meriden, CT 06450	203-630-4239
New Britain Youth and Family Services	27 West Main Street New Britain, CT 06051	860-826-3370

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Newington Youth Service Bureau	200 Garfield Street Newington, CT 06111	860-665-8590
Plainville Youth Services	50 Whiting Street Plainville, CT 06062	860-793-0221
Rocky Hill Youth and Family Services	699 Old Main Street Rocky Hill, CT 06067	860-258-2724
Simsbury Youth Services	754 Hopmeadow Street Simsbury, CT 06070	860-658-3283
Southington Youth Services	196 North Main Street Southington, CT 06489	860-276-6281
Wallingford Youth and Social Services	6 Fairfield Boulevard Wallingford, CT 06492	203-294-2175
Wethersfield Social and Youth Services	505 Silas Deane Highway Wethersfield, CT 06109	860-721-2977

## School Based Health Centers (SBHC)

Eligible students are those that attend the schools in which the SBHC is located

\*Note Expanded School Health Sites provide medical or behavioral health services where SBHC provides both

For a full comprehensive, updated list of all SBHCs, click here: <https://viewer.mapme.com/casbhc>

Name of School	Location	Contact
Lincoln Middle School	164 Centennial Avenue Meriden, CT 06451	203-238-2381
Benjamin Franklin Elementary School*	426 West Main Street Meriden, CT 06451	203-235-7997
Casimir Pulaski Elementary*	100 Clearview Avenue Meriden, CT 06450	203-238-1273
Hanover Elementary School*	208 Main Street Meriden, CT 06451	203-235-6359
Israel Putnam Elementary School*	133 Parker Avenue Meriden, CT 06450	203-237-8493
John Barry Elementary School*	124 Columbia Street Meriden, CT 06450	203-237-8831
Nathan Hale Elementary School*	277 Atkins Street Extension Meriden, CT 06450	203-237-7486
Roger Sherman Elementary School*	64 North Pearl Street Meriden, CT 06450	203-238-1286
Thomas Hooker Elementary School*	70 Overlook Road Meriden, CT 06450	203-237-8839
Gaffney School	322 Slater Road New Britain, CT 06053	860-438-7822

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New Britain High School	110 Mill Street New Britain, CT 06051	860-826-8845
Roosevelt School*	40 Goodwin Street New Britain, CT 06051	860-826-2321

## Family Resource Centers (FRC)

Name of Agency	Location	Contact
Greene Hills School	718 Pine Street Bristol, CT 06010	860-584-7822
South Side School	21 Tuttle Road Bristol, CT 06010	860-584-7812
West Bristol School	500 Clark Avenue Bristol, CT 06010	860-584-7815
Benjamin Franklin Elementary School	426 West Main Street Meriden, CT 06451	203-238-2316
John Barry Elementary School	124 Columbia Street Meriden, CT 06450	203-237-4743
Chamberlain Elementary School	221 Farmington Avenue New Britain, CT 06053	860-832-5692
Smith Elementary School	142 Rutherford Street New Britain, CT 06051	860-223-8819
Thomas Jefferson School	140 Horse Plain Road New Britain, CT 06053	860-224-3193
Linden Street School	69 Linden Street Plainville, CT 06062	860-793-6304 x0
Partnership Learning Academy	77 Main Street Terryville, CT 06786	860-516-7002

## Regional Behavioral Health Action Organization (RBHAO) overseeing Regional Suicide Advisory Board (RSAB)

Specific RBHAO town information can be found: <https://portal.ct.gov/-/media/DMHAS/Prevention/RBHAOContacts.pdf>

Specific RSAB town information can be found:

Name of Agency	Service Provided	Location	Contact
Amplify, Inc.	RBHAO RSAB	178 Oakwood Drive Glastonbury, CT 06033	860-267-5439
<i>Amplify, Inc serving the towns of Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Kensington, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks</i>			

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Alliance for Prevention and Wellness/A Program of BHcare      RBHAO      127 Washington Ave, 3<sup>rd</sup> Fl      203-736-8566  
 RSAB      North Haven, CT 06473

*Alliance for Prevention and Wellness serving the towns of Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Lyme, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Lyme, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge*

National Suicide Prevention Lifeline      <https://suicidepreventionlifeline.org/>      1-800-273-8255

Crisis Text Line      <https://www.crisistextline.org/text-us/>      Text CT to 741741

## Statewide Programs

Name of Agency	Service Provided	Location	Contact
Carelon Behavioral Health	CC/Intensive Care Coordination	500 Enterprise Drive Rocky Hill, CT 06067	877-552-8247
Connecticut Coalition Against Domestic Violence	Advocacy and Support	<a href="https://www.ctcadv.org/">https://www.ctcadv.org/</a>	888-774-2900
FAVOR, Inc.	Family Advocacy Family Peer Support	185 Silas Deane Highway Wethersfield, CT 06109	860-563-3232
Office of Healthcare Advocate	Advocacy Services for Healthcare Plans	<a href="https://portal.ct.gov/OHA">https://portal.ct.gov/OHA</a>	866-466-4446

*OHA is an independent state agency that provides advocacy services for Connecticut healthcare consumers. OHA does not replace your health plan. We hold health plans accountable and help you successfully resolve your healthcare issues.*

*Disclaimer: This may not be an exhaustive list of the services available in your area. For additional services, you may reach out to your local children's behavioral health collaborative listed at [www.connectingtocarect.org](http://www.connectingtocarect.org) or contact Infoline 2-1-1 Connecticut at [www.211ct.org](http://www.211ct.org).*

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