

Southwest Region Resource List

To ensure that children and youth are connected to the care they need, below is a list of community-based supports and services. This list includes mental health evaluation and treatment resources along with related supports and services.

When in crisis, families can contact Mobile Crisis at 2-1-1 and press “1” and “1” again. Urgent Crisis Centers are also available statewide at four locations:

<https://portal.ct.gov/DCF/Behavioral-Health-Partnership/Home/Urgent-Crisis-Centers-for-Children>

The Assisted Intervention Matching (AIM) Tool can be used to help providers and parents identify well-matched services to meet a child's behavioral health needs.

<https://www.connectingtocarect.org/supports-services/aim/>

More information can be found at connectingtocarect.org or [Public Act No. 21-116](#)

Updated 1.12.24

Urgent Crisis Centers (UCC)

Walk-in clinics for families of children who are experiencing a behavioral health crisis but do not require emergency department level of care

Name of Agency	Service Provided	Location	Contact
Child and Family Agency of SE CT	UCC	255 Hempstead Street New London, CT 06320	860-437-4550
The Village for Families & Children	UCC	1680 Albany Avenue Hartford, CT 06105	860-297-0520
Wellmore Behavioral Health	UCC	141 East Main Street Waterbury, CT 06702	203-580-4298
Yale New Haven Hospital	UCC	20 York Street New Haven, CT 06510	203-688-4707

Community Based Behavioral Health

LEGEND | Outpatient Psychiatric Clinics for Children (OPCC) | Extended Day Treatment (EDT) | Care Coordination (CC) | Mobile Crisis (MC) | Modular Approach to Therapy for Children (MATCH) | Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

For mobile crisis, dial 2-1-1, press “1” and “1” again to be directly connected

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut. Connecting to Care seeks to change the way the system operates so that all children have the opportunity to thrive.

Family Care Connections

 Strong Communities • Healthy Children • Better Care

1-877-381-4193 Option 5 **Contact Us!**
CTNetworkofCareManagers@carelon.com

Name of Agency	Service Provided	Location	Contact
Boys and Girls Village	OPCC/EDT/ TF-CBT	528 Wheeler Farms Road Milford, CT 06461	203-877-0300
Child and Family Guidance Center	OPCC/CC/ MC	180 Fairfield Avenue Bridgeport, CT 06604	203-394-6529
Mid-Fairfield Community Care Center	OPCC/EDT/CC/ MATCH/TF-CBT	100 East Avenue Norwalk, CT 06851	203-299-1315
The Child Guidance Center of Southern CT	OPCC/CC/ TF-CBT	103 West Broad Street Stamford, CT 06902	203-324-6127
Family Centers	OPCC/TF-CBT	60 Palmer's Hill Road Norwalk, CT 06902	203-324-3167
Family and Children's Agency	OPCC	9 Mott Avenue Norwalk, CT 06850	203-855-8765
LifeBridge	OPCC	475 Clinton Avenue Bridgeport, CT 06694	203-368-4291

Youth Services Bureau (YSB)

Name of Agency	Location	Contact
Bridgeport Youth Services Bureau	45 Lyon Terrace Bridgeport, CT 06608	203-576-7252
The Depot Youth Center	25 Heights Road Darien, CT 06820	203-655-0812
Fairfield Youth Services	75 Mill Plain Road Fairfield, CT 06824	203-256-3191
Greenwich Youth Services- United Way	101 Field Point Road Greenwich, CT 06830	203-622-3371
New Canaan Youth Services	77A Main Street New Canaan, CT 06840	860-594-3080
Norwalk Department of Youth Services	125 East Street Norwalk, CT 0685	203-854-7785
Stamford Youth Services Department	888 Washington Blvd 6 th Fl Stamford, CT 06901	203-977-5674
Stratford Community Services	468 Birdseye Street Stratford, CT 06615	203-385-4095
Trumbull Counseling Center	5892 Main Street Trumbull, CT 06611	203-261-5110

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut. Connecting to Care seeks to change the way the system operates so that all children have the opportunity to thrive.



connectingtocarect.org
plan4children.org



Family Care Connections

 Strong Communities • Healthy Children • Better Care

1-877-381-4193 Option 5 **Contact Us!**
CTNetworkofCareManagers@carelon.com

Weston Youth Services	24 School Road Weston, CT 06883	203-222-2585
Westport Social & Youth Services	110 Myrtle Ave, Rm 200 Westport, CT 06880	203-341-1050
Wilton Youth Services	180 School Road Wilton, CT 06891	203-834-6241

School Based Health Centers (SBHC)

Eligible students are those that attend the schools in which the SBHC is located

*Note Expanded School Health Sites provide medical or behavioral health services where SBHC provides both

For a full comprehensive, updated list of all SBHCs, click here: <https://viewer.mapme.com/casbhc>

Name of School	Location	Contact
Bassick High School	1181 Fairfield Avenue Bridgeport, CT 06605	203-275-3081
Blackham Elementary School	425 Thorne Street Bridgeport, CT 06606	203-275-4751
Central High School	1 Lincoln Boulevard Bridgeport, CT 06606	203-275-1502
Columbus Elementary School	275 George Street Bridgeport, CT 06604	203-275-1918
Dunbar Elementary School	445 Union Avenue Bridgeport, CT 06607	203-275-3631
Harding High School	379 Bond Street Bridgeport, CT 06610	203-275-2751
High Horizons Magnet School	700 Palisade Avenue Bridgeport, CT 06010	203-305-7971
Luis Munoz Marin Elementary School	479 Helen Street Bridgeport, CT 06610	203-275-4404
Read Elementary School	130 Ezra Street Bridgeport, CT 06606	203-275-4701
Roosevelt Elementary School	680 Park Avenue Bridgeport, CT 06604	203-275-2100
Norwalk High School	23 Calvin Murphy Drive Norwalk, CT 06851	203-838-4881
West Rocks Middle School	81 W Rocks Road Norwalk, CT 068	203-977-4544
Cloonan Middle School	11 W North Street Stamford, CT 06902	203-977-4544
Dolan Middle School	51 Toms Road Stamford, CT 06906	203-977-4441
Rippowam Middle School	381 High Ridge Road Stamford, CT 06905	203-977-5255

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut. Connecting to Care seeks to change the way the system operates so that all children have the opportunity to thrive.



connectingtocarect.org
plan4children.org

Partner Organizations



Family Care Connections

 Strong Communities • Healthy Children • Better Care

Stamford High School

Westhill High School

Wooster Middle School

1-877-381-4193 Option 5 **Contact Us!**
CTNetworkofCareManagers@carelon.com

55 Strawberry Hill Avenue 203-977-4223
 Stamford, CT 06902

125 Roxbury Road 203-977-4477
 Stamford, CT 06902

150 Lincoln Street 203-385-4275
 Stratford, CT 06614

Family Resource Centers (FRC)

Name	Location	Contact
Cesar A. Batalla Elementary School	606 Howard Avenue Bridgeport, CT 06605	203-579-8526
Dunbar School	445 Union Avenue Bridgeport, CT 06607	203-275-3648
Roosevelt School	680 Park Avenue Bridgeport, CT	203-275-2102
Fox Run Elementary School	228 Fallow Street Norwalk, CT 06850	203-899-2326
Side By Side Charter School	10 Chestnut Street Norwalk, CT 06854	203-857-0306
Roger International School	202 Blachley Road Stamford, CT 06902	203-323-0681
Stratford Academy	719 Birdseye Street Stratford, CT 06675	203-381-6992

Regional Behavioral Health Action Organization (RBHAO) overseeing Regional Suicide Advisory Board (RSAB)

Specific RBHAO town information can be found: <https://portal.ct.gov/-/media/DMHAS/Prevention/RBHAOContacts.pdf>

Specific RSAB town information can be found: <https://www.preventsuicidect.org/get-involved/regional-advisory-boards/>

Name of Agency	Service Provided	Location	Contact
The Hub: Behavioral Health Action Organization For Southwestern CT, A Program of RYASAP	RBHAO RSAB	2470 Fairfield Avenue, 3 rd Fl Bridgeport, CT 06605	203-450-3328
<i>The Hub: Behavioral Health Action Organization For Southwestern CT RSAB serving the towns of Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton</i>			
National Suicide Prevention Lifeline		https://suicidepreventionlifeline.org/	1-800-273-8255
Crisis Text Line		https://www.crisistextline.org/text-us/	Text CT to 741741

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut. Connecting to Care seeks to change the way the system operates so that all children have the opportunity to thrive.



connectingtocarect.org
plan4children.org

Partner Organizations



Family Care Connections



Strong Communities • Healthy Children • Better Care

1-877-381-4193 Option 5

CTNetworkofCareManagers@carelon.com

Contact Us!

Statewide Programs

Name of Agency	Service Provided	Location	Contact
Carelon Behavioral Health	CC/Intensive Care Coordination	500 Enterprise Drive Rocky Hill, CT 06067	877-552-8247
Connecticut Coalition Against Domestic Violence	Advocacy and Support	https://www.ctcadv.org/	888-774-2900
FAVOR, Inc.	Family Advocacy Family Peer Support	185 Silas Deane Highway Wethersfield, CT 06109	860-563-3232
Office of Healthcare Advocate	Advocacy Services for Healthcare Plans	https://portal.ct.gov/OHA	866-466-4446

OHA is an independent state agency that provides advocacy services for Connecticut healthcare consumers. OHA does not replace your health plan. We hold health plans accountable and help you successfully resolve your healthcare issues.

Disclaimer: This may not be an exhaustive list of the services available in your area. For additional services, you may reach out to your local children's behavioral health collaborative listed at www.connectingtocarect.org or contact Infoline 2-1-1 Connecticut at www.211ct.org.

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut. Connecting to Care seeks to change the way the system operates so that all children have the opportunity to thrive.



connectingtocarect.org
plan4children.org

Partner Organizations

